

Dear Resident,

New measures announced over recent weeks to tackle Covid-19 (Coronavirus) has meant that many people's day to day lives have been significantly altered. Gloucester Grove TMO acknowledges that these stay at home measures can cause stress and anxiety to those who are either at risk or are currently experiencing domestic abuse.

Nobody should feel at risk at home. It is important to remember that there is help and support available, especially during this unprecedented time. Help is available in the form of the following:

Helplines

- Call 0808 2000 247 for the National Abuse Helpline.
- Call 0808 800 5000 for NSPCC (child victims of abuse)
- Call 0800 1111 for Childline (child victims of abuse)
- Call 0800 801 0327 for the Mens Advice Line
- Call 0800 999 5428 for LGBT+ Domestic Specialist Helpline
- Call 0808 808 8141 for Senior Citizen Helpline
- In the event that you are worried about hurting someone, contact 0808 802 4040.

Online Support

- Nationaldahelpline.org.uk
- Refuge.org.uk
- Womensaid.org.uk/covid-19-coronavirus
- mensadviceline.org.uk
- help@nspcc.org.uk
- Gallop.org.uk (LGBT+)
- Wearehourglass.org (for senior citizen victims)

Police Response

- Please call police on **999** if you are in immediate danger
- If in danger dial **55** on a mobile to enable police to track your location

In the event that you need to flee from a dangerous situation, please note the following:

“The household isolation instruction as a result of coronavirus does not apply if you need to leave your home to escape domestic abuse” www.gov.uk/guidance/domestic-abuse-how-to-get-help

If you are not personally at risk of domestic abuse, but you know someone who you suspect is, we ask that you reassure them that there are a multitude of services

available to them. All support details mentioned above also can be contacted to raise a concern on behalf of someone else. Friends, family, neighbours and community members can be a vital lifeline to those living with abuse.

Please find the attached documents which contain more information.

For more information on what domestic violence is and how to report it visit www.gov.uk,

Kind regards

Gloucester Grove TMO

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